

Caution with General Anaesthetic & Sedation

Hello, my name is

..... [DOB, Hospital no]

I have a neuromuscular genetic condition
called **Myotonic Dystrophy**

Clinical features *may* include:

- *Abnormal heart rhythm
- *Weakness & stiffness of muscles
- *Learning difficulties
- *Indistinct speech
- *Excessive tiredness
- *Possible difficult airway
- *Possible respiratory compromise

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Please contact your neuromuscular team for specific advice relevant to keeping me safe.

My Neurologist is

My specialist Neuromuscular Care Advisor is

Thank you